



GLUTEN FREE

Starters

- Homemade Soup, served with a GF bread roll **(v)** - £4.95
- Grilled Halloumi, served with sweet chilli dip and salad **(v)** - £5.25
- Grilled Piri Piri Chicken Strips, served with sweet chilli dip, salad & GF bread - £5.95
- Tiger Prawns, pan-fried in GF soy sauce & garlic butter, served with GF bread & salad - £6.25
- Crayfish tail salad; served with a pot of GF Marie Rose sauce and GF bread £6.0

Main Courses

- Home Cooked Ham, Egg and Chips, served with garden peas - £9.50
- GF Pies, please ask for selection, served with mash and vegetables- £11.95
- Local GF Pork Sausage and Mash, served with onion gravy & garden peas - £9.95
- Homemade Beef Chilli, served with rice & GF bread - £9.95
- Hand Pressed local GF Beef burger, served in a toasted bun with salad & mayonnaise, with chips, coleslaw & GF onion rings - £10.95
- Additional Toppings – Cheese £1.00, Bacon & Cheese £1.75, Mushroom & Stilton £2.25
- GF Creamy Carbonara, made for you with carved ham, onions and mushroom, served with GF bread - £11.95
- Hand Spiced Cajun or Piri Piri Chicken Breast, served in a GF bun with salad, mayonnaise, chips, coleslaw & GF onion rings-£11.95
- Chicken wrapped in Bacon with a Stilton Sauce, oven cooked, served with new potatoes & vegetables - £11.50
(Please note this dish may take slightly longer to cook than other dishes)

Steaks

- 10oz** Gammon Steak, served with eggs or pineapple (*or both*), chips and garden peas - £11.25
- 10oz** Steak, cooked to your liking, served with chips, pan-fried mushrooms, grilled tomato, GF onion rings and peas,
- Rump** - £16.95, **Rib eye** £18.95, **Sirloin** £18.50
- Additional toppings –Freshly made Peppercorn or Stilton Sauce £2.50

Please turn over for more Gluten Free Main courses and desserts



Fish

Oven Baked Plaice, served with new potatoes & vegetables - £10.25

GF Smoked Haddock, mozzarella and spring onion fishcakes, served with salad, chips, coleslaw & sweet chilli sauce - £10.95

GF Fish finger roll, dressed with tartare sauce and salad leaves, served with chips, salad garnish and coleslaw- £9.95

Crayfish tail salad served with coleslaw, Marie Rose sauce and a GF Roll-£9.95

Vegetarian

Home Made Mushroom Stroganoff, served with rice & GF bread (v) - £9.95

Homemade vegetable chilli, served with rice and GF bread (v)- £9.95

Homemade roasted vegetable tomato and basil pasta; topped with cheese, served with GF bread and a salad garnish £8.95

Chips, Rice, Mash, Jacket & New potatoes, vegetables of the day, salad, peas and baked beans are all available and can be swapped for similar sides on our menu.

Desserts

Apple and blackberry crumble

Syrup sponge pudding

Rich Chocolate Cake

All served with a choice of GF custard, cream or ice-cream

Raspberry Pavlova

Lemon Meringue

Mixed Berry Sundae

All £5.50

A selection of ice-cream £1.00 per scoop

Please note: While we offer our gluten-free menu options in totally good faith, using trusted gluten free suppliers and by following best practice to prevent any cross-contamination, with dedicated equipment, utensils, storage, procedures and team training, our kitchen is a standard working kitchen, therefore cross-contamination may occur and we are unable to guarantee 100% that any item can be completely free of allergens. Some items may take longer to prepare and cook than the main menu.

We endeavour to use local suppliers and local ingredients wherever possible. We strive to serve fresh food, which at busy times may not be fast food. If you're in a rush please ask for food wait times. Please also watch for small bones and make our team aware of any allergies so that we may be able to help you with menu choices and follow a safe allergy practice.